



The
Perch
MENU

THE PERCH

COFFEE

DOUBLE ESPRESSO	3.50
AMERICANO	3.50
MACCHIATO	3.75
CORTADO	3.75
FLAT WHITE	4.00
CAPPUCCINO 8oz / 12 oz / 16 oz	4 / 4.50 / 5
DRIP COFFEE 12 oz / 16 oz	4 / 4.50
LATTE HOT 12 oz / 16 oz	4.50 / 5
COLD 12 oz / 16 oz	4 / 4.50
COLD BREW 12 oz / 16 oz	4 / 4.50

MILK +.75

HEAVY WHIPPING CREAM

WHOLE (NO EXTRA CHARGE)

OAT

ALMOND

BREVE



FLAVOR +.75

VANILLA

SUGAR-FREE VANILLA

CHOCOLATE

CARAMEL

HONEY

LAVENDER

HAZELNUT

ALMOND CANDY

WHITE CHOCOLATE

COFFEE

THE PERCH

SMOOTHIES

PB & J 11

strawberry, blueberry, oats,
peanut butter, almond milk

REPLENISH 11

mango, pineapple, banana,
hemp seeds, orange juice

RISE & GRIND 12

banana, dates, chocolate plant
protein, cold brew, oat milk

HYDRABERRY BLAST 12

blueberry, raspberry,
avocado, antioxidant
blend, coconut water

DRINK YOUR GREENS 12

banana, mango, avocado,
spinach, green apple
superfood, almond milk

STRAWBERRY BANANA 8

strawberry, banana,
choice of milk
(whole, oat, almond)

PROTEIN SHAKE 7.5

chocolate or vanilla protein,
choice of milk
(whole, oat, almond)



SMOOTHIES MAY
CONTAIN PEANUTS
AND TREE NUTS.
ALL SMOOTHIES
ARE GLUTEN-FREE
AND VEGAN

SMOOTHIES

THE PERCH

TEA

MATCHA LATTE

HOT 12 oz / 16 oz 4.50 / 5

COLD 12 oz / 16 oz 4 / 4.50

CHAI LATTE

HOT 12 oz / 16 oz 4.50 / 5

COLD 12 oz / 16 oz 4 / 4.50

ICED TEA

12 oz / 16 oz 2.50 / 3

BLACK

GREEN

BERRY HIBISCUS

HOT TEA

3

MANHATTAN EARL GREY

SENCHA GREEN

PEPPERMINT

CHAMOMILE

DIGESTIVE HELPER

CHAMOMILE, PEPPERMINT LEAVES,
YARROW, VALERIAN ROOT,
MARIGOLD BLOSSOMS, LEMON BALM)



MORE

ORANGE JUICE

12 oz / 16 oz 3 / 3.50

LEMONADE

12 oz / 16 oz 3 / 3.50

HOT CHOCOLATE

12 oz / 16 oz 3.50 / 4

ALCOHOL

SEE MENU BOARD FOR
CURRENT DRAFT BEER AND WINE
BY THE GLASS OFFERING.

HAPPY HOUR
DEALS EVERYDAY

DRINKS

THE PERCH

BRUNCH

BAGEL OPTIONS 5

Plain, Rosemary, Jalapeño
Cheddar, Everything, Blueberry

TOPPINGS

BUTTER	+2
PLAIN CREAM CHEESE	+2
SCALLION CREAM CHEESE	+4
JALAPEÑO CREAM CHEESE	+4
AVOCADO SLICES	+1.5
SPINACH	+.75

AVOCADO TOAST 11

Avocado spread, sea salt,
pumpkin seeds

PEANUT BUTTER BANANA TOAST 11

Peanut butter, banana slices,
coconut shavings, honey, cinnamon

PANINIS

TURKEY PESTO 13

Turkey, provolone, spinach,
pesto, red peppers

GRILLED CHEESE 10

Cheddar, provolone

GLUTEN-FREE BREAD +2

COOKIES

SEE THE COUNTER FOR
CURRENT OFFERINGS.

MADE WITH LOVE BY
COOKIE DOUGH COWGIRL



TACOS | 4.50 EACH
WEEKENDS ONLY
TACOS BY PUEBLO VIEJO

FOOD